

Entries can be made in advance via the Sport:80 website:
<https://englandathletics.sport80.com/public/wizard/e/31460>

- We're sorry, but a 'processing fee' is added to the cost of entry by the entry system (on top of the percentage they deduct from what they pass on to us), so the actual cost of a single entry is £11.13;
- We have a limited number of free places for deserving causes, please contact the race director for details;
- You will need to create an account for the person doing the registration (you will already have one if you entered last year), and also additional profiles for each participant;
- The system requires you to include a county in your address: select 'Bristol' (or other as appropriate);
- Under England Athletics Member Details, EITHER enter BOTH your EA number and club, OR leave BOTH blank. If you select a club, it the computer will demand an EA number!
- Put anything for the expected finishing time;
- Finally, give yourself a pat on the back for being able to outsmart the computer. Yes, we're sorry that the entry system is so convoluted!