

Pos	Race No	Name	Time	Category	Cat Pos	Gender	Gen Pos
1	5547	Owain JONES	21:31.9	Top3 Male	1	Male	1
2	5428	Richard ELSTON	22:07.4	Top3 Male	2	Male	2
3	5448	Thomas HALLING	22:28.2	Top3 Male	3	Male	3
4	5402	Freya BRADLEY	23:23.3	Top3 Female	1	Female	1
5	5618	Henry SLY	23:58.8	V35	1	Male	4
6	5663	Murray Pearson	24:25.1	U23	1	Male	5
7	5627	Jake STEPHENS	24:36.9	Sen	1	Male	6
8	5568	Ian MADLE	24:42.4	V35	2	Male	7
9	5942	Robert POOLE	24:47.5	Sen	2	Male	8
10	5662	Lee Taylor	24:48.0	V35	3	Male	9
11	5401	Joe BRACEWELL	24:49.6	U23	2	Male	10
12	5654	Ben WOOD	25:16.2	V45	1	Male	11
13	5552	Michael KELLY	25:29.3	U23	3	Male	12
14	5636	Ash TUCK	25:38.1	V35	4	Male	13
15	5936	Simon DANIEL	25:39.0	V45	2	Male	14
16	5539	Dave HUMPHREYS	25:41.0	Sen	3	Male	15
17	5643	Tom WATKINS	25:43.2	V35	5	Male	16
18	5425	Matt DICKINSON	26:02.5	V35	6	Male	17
19	5415	Faisal CHAUDHURI	26:04.6	V35	7	Male	18
20	5397	Ross BLACKMAN	26:08.7	V35	8	Male	19
21	5581	Jon MORGAN	26:12.1	V35	9	Male	20
22	5430	Jane FARAM	26:14.5	Top3 Female	2	Female	2
23	5597	Matthew PEMBERTON	26:20.0	V35	10	Male	21
24	5411	Daniel CARNE	26:20.3	V35	11	Male	22
25	5591	Samuel NYE	26:25.3	U23	4	Male	23
26	5429	Ben ENGSTROM	26:27.2	Sen	4	Male	24
27	5445	Anthony HALL	26:31.4	V35	12	Male	25
28	5545	Dan JONES	26:34.0	V45	3	Male	26
29	5384	Selby ARCHER	26:52.9	U23	5	Male	27
30	5442	Penny GUESS	26:55.2	Top3 Female	3	Female	3
31	5538	Katie HUGHES	26:55.7	V45	1	Female	4
32	5522	Thomas HIDDLESTON	26:56.6	Sen	5	Male	28
33	5657	Andrew HARDIE	26:57.2	Sen	6	Male	29
34	5433	Martin FIELDING	26:59.0	V35	13	Male	30
35	5631	Tom SUDDABY	27:06.9	V35	14	Male	31
36	5424	James CURTIS	27:07.3	V35	15	Male	32
37	5554	Miranda KING	27:14.2	Sen	1	Female	5
38	5396	Joshua BISHOP	27:26.1	V35	16	Male	33
39	5610	Jonathan RILEY	27:46.7	V35	17	Male	34
40	5540	Ewan HUNT	27:52.3	Sen	7	Male	35
41	5410	Grace CAMERON	27:52.4	Sen	2	Female	6
42	5519	Oliver HAYNES	27:52.8	Sen	8	Male	36
43	5649	Sam WHITING	27:57.3	Sen	9	Male	37
44	5664	Neve Porteous	28:04.9	U23	1	Female	7
45	5387	Jullian BAILEY-GARD	28:12.5	V45	4	Male	38
46	5638	Paul TURNER	28:32.2	V35	18	Male	39

47	5599 Robin PHILLIPS	28:36.1 V45	5 Male	40
48	5413 Sophie CASELDINE	28:38.3 Sen	3 Female	8
49	5623 Tom SNOWBALL	28:41.5 V45	6 Male	41
50	5943 Myron BENNETT	28:45.7 V35	19 Male	42
51	5646 James WEST	28:58.8 Sen	10 Male	43
52	5394 Jolene BEREZA	29:02.9 V35	1 Female	9
53	5383 Giles ARCHER	29:05.4 V45	7 Male	44
54	5558 Martin LAMBOURNE	29:09.0 V35	20 Male	45
55	5403 Richard BREAKSPEAR	29:11.8 V35	21 Male	46
56	5555 Francesca KNAPPER	29:16.1 V35	2 Female	10
57	5938 Benjamin HUNT	29:19.7 Sen	11 Male	47
58	5658 Keith WICKS	29:29.8 V55	1 Male	48
59	5937 Joseph HARDY	29:38.5 Sen	12 Male	49
60	5622 Richard SMITH	29:38.5 V45	8 Male	50
61	5406 Emily BUDD	29:38.5 Sen	4 Female	11
62	5423 Paul CRADDY	29:45.0 V35	22 Male	51
63	5624 Elizabeth SPENCE	29:49.4 Sen	5 Female	12
64	5374 Adrian ALAMO	29:58.1 Sen	13 Male	52
65	5557 Nadia KOTTEGODA	30:00.6 Sen	6 Female	13
66	5585 Robin NASH	30:13.6 Sen	14 Male	53
67	5404 Alison BROWN	30:19.8 Sen	7 Female	14
68	5595 John PATTINSON	30:28.9 V35	23 Male	54
69	5444 Andrew HALE	30:41.0 Sen	15 Male	55
70	5389 Matt BAMBERY	30:41.7 V45	9 Male	56
71	5532 Stephen HOBBS	30:43.4 V45	10 Male	57
72	5632 Matt SWAINE	30:49.3 V45	11 Male	58
73	5659 David SALTER	30:50.7 V65	1 Male	59
74	5560 Hannah LARGE	30:55.6 Sen	8 Female	15
75	5637 Greg TURNER	30:56.2 V35	24 Male	60
76	5438 Elise GOULDING	30:57.3 Sen	9 Female	16
77	5573 Mike MCBETH	31:06.9 V55	2 Male	61
78	5639 Fran UPSHON	31:08.6 V35	3 Female	17
79	5400 Aude BOUILLET	31:12.7 V35	4 Female	18
80	5600 George PICKERING	31:12.7 Sen	16 Male	62
81	5391 Matthew BARKER	31:24.4 V45	12 Male	63
82	5601 Michael PINCH	31:26.9 V35	25 Male	64
83	5567 Julia MADDOCKS	31:32.1 V45	2 Female	19
84	5660 James Noott	31:42.2 V55	3 Male	65
85	5582 Will MORGAN	31:54.4 V35	26 Male	66
86	5605 Jon RANDALL	31:57.2 V35	27 Male	67
87	5940 William BAKER	31:58.4 V65	2 Male	68
88	5543 Ross JARVIS	32:02.8 V35	28 Male	69
89	5640 Nina WALLER	32:03.4 V45	3 Female	20
90	5439 Mike GREENHILL	32:03.9 V35	29 Male	70
91	5441 Kevin GRIMLEY	32:07.6 V55	4 Male	71
92	5535 Kate HOFFEN	32:12.4 V55	1 Female	21
93	5564 Jane LIVINGSTONE	32:13.8 V45	4 Female	22
94	5569 Dan MARCHANT	32:14.3 V45	13 Male	72

95	5559 Rachael LAMMEY	32:14.6 V35	5 Female	23
96	5563 Alfie LIVINGSTONE	32:16.9 U23	6 Male	73
97	5944 Anna GILBERTSON	32:28.6 V35	6 Female	24
98	5388 Wayne BAKER	32:32.6 V45	14 Male	74
99	5653 David WILSON	32:33.8 V55	5 Male	75
100	5414 Neville CATTON	32:35.3 V45	15 Male	76
101	5655 Olivia ZELTNER	32:37.5 Sen	10 Female	25
102	5426 Sally DODGE	32:38.1 V35	7 Female	26
103	5939 Laurence COPLESTON	32:49.3 V35	30 Male	77
104	5580 Richard MOORE	32:49.3 V35	31 Male	78
105	5419 Philip COOMBES	33:04.0 V55	6 Male	79
106	5390 Jamie BARBER	33:05.1 V35	32 Male	80
107	5562 Malcolm LINDSAY	33:09.2 Sen	17 Male	81
108	5393 Fay BENEFIELD	33:18.3 V35	8 Female	27
109	5584 Philip MURPHY	33:28.0 V35	33 Male	82
110	5607 Emma RAVEN	33:28.7 V55	2 Female	28
111	5447 Jonathan HALL	33:30.7 V70	1 Male	83
112	5594 Carmel PATTINSON	33:33.7 V35	9 Female	29
113	5541 Paul HUNTER	33:39.8 Sen	18 Male	84
114	5571 Janine MATTHEWS	33:45.3 V45	5 Female	30
115	5644 Jonathan WELLS	33:46.9 V45	16 Male	85
116	5418 Janine COOKE	33:52.3 V45	6 Female	31
117	5422 Martin COX	33:54.3 V35	34 Male	86
118	5431 Mark FERMANDEL	33:58.1 V55	7 Male	87
119	5542 Olivia JACKSON	34:01.8 V35	10 Female	32
120	5588 Peter NORMAN	34:06.5 V55	8 Male	88
121	5437 Lesley Jayne GLEESON	34:12.2 V45	7 Female	33
122	5409 Jade CAHILL	34:16.7 Sen	11 Female	34
123	5534 Lukas HOEDLMOSER	34:16.7 Sen	19 Male	89
124	5427 Francesca DUNNE	34:19.1 Sen	12 Female	35
125	5598 Madaleine PHILLIPS	34:29.8 U23	2 Female	36
126	5392 Andrew BARNES	34:36.4 V35	35 Male	90
127	5941 Francis WAINWRIGHT	34:36.6 V45	17 Male	91
128	5417 Steve CONNOLLY	34:40.3 V70	2 Male	92
129	5436 Mary GAINSBOROUGH	34:41.2 V55	3 Female	37
130	5633 Dennis TAHALELE	34:53.3 V45	18 Male	93
131	5626 Lucy STAPLE	35:03.4 V45	8 Female	38
132	5614 Amy ROSS	35:07.6 Sen	13 Female	39
133	5521 Michael HERRING	35:14.4 V35	36 Male	94
134	5586 Louise NEAL-HOPES	35:17.6 V45	9 Female	40
135	5629 Paul STORRY	35:23.3 V55	9 Male	95
136	5652 Tom WILMOT	35:36.0 Sen	20 Male	96
137	5648 Lucy WHITE	35:40.5 Sen	14 Female	41
138	5656 Nikela HANNAM	35:43.3 Sen	15 Female	42
139	5570 Suzie MARSHALL-SMITH	35:52.5 V45	10 Female	43
140	5546 Nat JONES	36:23.2 Sen	16 Female	44
141	5550 Mike KARTHAUSER	36:36.0 V45	19 Male	97
142	5405 Philip BROWN	36:37.8 V55	10 Male	98

143	5661 Paula Brown	36:41.0 V45	11 Female	45
144	5385 Geoff ASTLE	36:44.8 V55	11 Male	99
145	5621 Mark SMITH	36:47.8 V65	3 Male	100
146	5446 Jennifer HALL	36:55.7 V35	11 Female	46
147	5645 Jonny WELLS	37:03.0 V35	37 Male	101
148	5412 Holly CARTLIDGE	37:13.1 V35	12 Female	47
149	5556 Barry KNOWLES	37:13.7 V55	12 Male	102
150	5395 Heather BIRD	37:17.1 V35	13 Female	48
151	5517 Jack HANCOCKS	37:22.0 Sen	21 Male	103
152	5565 Matthew LLOYD	37:22.3 V45	20 Male	104
153	5561 Sophia LE DOUX	37:25.2 U23	3 Female	49
154	5589 Joanne NYE	37:25.9 V45	12 Female	50
155	5650 Michael WILLCOX	37:29.7 V70	3 Male	105
156	5533 Charlotte HODSON	37:30.6 V35	14 Female	51
157	5408 Catherine BUTLER	37:33.1 V35	15 Female	52
158	5630 Barnes STRINGER	37:56.8 V45	21 Male	106
159	5592 Elizabeth OGILVIE	38:09.3 Sen	17 Female	53
160	5443 Claire GUNN	38:11.0 V45	13 Female	54
161	5651 Peter WILLIAMSON	38:13.1 V35	38 Male	107
162	5548 Rachel JONES	38:15.2 Sen	18 Female	55
163	5416 Dennis COLLINS	38:16.2 V55	13 Male	108
164	5572 Hannah MCALPINE	38:18.4 V35	16 Female	56
165	5434 Steve FORD	38:31.7 V55	14 Male	109
166	5575 Lucie MCNAIR	38:32.5 V35	17 Female	57
167	5935 Julie-Ann MOORE	38:41.7 V45	14 Female	58
168	5604 Lucy RADFORD	38:52.2 V35	18 Female	59
169	5516 Ian HAMBLIN	38:57.5 V35	39 Male	110
170	5625 Seema SRIVASTAVA	39:06.4 V45	15 Female	60
171	5518 Mike HARRIS	39:41.5 V70	4 Male	111
172	5611 Darren ROBBINS	40:29.8 V55	15 Male	112
173	5553 Lorraine KILLINGTON	40:35.2 V45	16 Female	61
174	5399 Zara BOSWELL	40:35.3 V45	17 Female	62
175	5435 Rebecca FORSTER	40:38.3 V45	18 Female	63
176	5549 Sarah JONES	40:39.2 V45	19 Female	64
177	5615 Steve SHORT	41:13.9 V45	22 Male	113
178	5642 Emily WATKINS	41:25.4 Sen	19 Female	65
179	5606 Jason RAVAL	41:29.4 V35	40 Male	114
180	5612 Katie RONALD	41:32.5 V45	20 Female	66
181	5617 Sarah SLADE	41:51.2 V35	19 Female	67
182	5628 Kirsty STONE	42:08.9 V35	20 Female	68
183	5420 Aimee COX	42:08.9 V35	21 Female	69
184	5381 Sue ALLWAY	43:58.4 V55	4 Female	70
185	5380 Andy ALLWAY	43:58.7 V55	16 Male	115
186	5536 Elena HOLMES	44:11.4 V55	5 Female	71
187	5616 Gemma SIMMONDS	44:26.8 V35	22 Female	72
188	5587 Richard NICHOLLS	44:37.0 V70	5 Male	116
189	5440 Jennifer GRIGGS	44:37.9 V45	21 Female	73
190	5520 Phil HAYWARD	44:41.7 V55	17 Male	117

191	5609 Sue RIDDELL	45:57.5 V55	6 Female	74
192	5407 Sally BURNS	47:29.8 V55	7 Female	75
193	5602 Katie POWNALL	52:09.8 Sen	20 Female	76
	5566 Stephen MACDONALD	DNF V55	Male	