

Position	Time	Name	Category	Club
1	22.12	Jarlath Mckenna	SM	Bristol & West AC
2	22.45	Scott Campbell	SM	Westbury Harriers
3	23.16	Pierre Moniere	SM	GWR
4	23.29	Matt Burns	SM	Southville RC
5	23.51	Thomas Guest	M50	Southville RC
6	23.54	George Warsall	SM	Westbury Harriers
7	23.56	David Coucans	SM	Southville RC
8	23.59	Mark Fryer	SM	Southville RC
9	24.01	Ciaran Mcquade	SM	Bristol & West AC
10	24.07	Alan Tomlinson	SM	Southville RC
11	24.13	Neil Williams	SM	Bristol & West AC
12	24.20	Paul Horsefall	SM	Thornbury RC
13	24.33	Robin Phillips	M40	Westbury Harriers
14	24.38	Liam Hewry	SM	Westbury Harriers
15	24.56	Phil Murray	M40	Southville RC
16	25.05	Samuel Stone	SM	Emersons Green
17	25.17	John Evans	SM	Southville RC
18	25.21	Jonathan Gledson	M40	Town & Country Harriers
19	25.26	Colin Johnson	M40	Westbury Harriers
20	25.27	Russell Beake	SM	U/A
21	25.35	Jullian Bailey-Gard	SM	Westbury Harriers
22	25.41	Jon Doyle	SM	Emersons Green
23	25.49	Joe Connors	SM	Westbury Harriers
24	25.50	Paul Deaton	M40	Southville RC
25	25.54	Tom Watkins	SM	Bristol & West AC
26	26.00	Jim Godden	M50	Thornbury RC
27	26.06	Sergio Benitez	SM	Southville RC
28	26.18	Stephen Allen	M40	Thornbury RC
29	26.37	Justin Grimwood	M40	Westbury Harriers
30	26.41	Jo Firth	SM	Thornbury RC
31	26.43	James Harereaves	SM	Westbury Harriers
32	26.47	Rob Larder	SM	GWR
33	26.48	Tom Bullivan	SM	Southville RC
34	26.50	Stepjen O'Callaghan	SM	Southville RC
35	26.50	Peter Barnes	SM	Westbury Harriers
36	26.51	Ashley Wright	M40	Emersons Green
37	26.53	Evita Gonzalez Szamocki	SF	Westbury Harriers
38	26.59	Ken Ham	M50	Westbury Harriers
39	27.02	Chris Hopes	M50	Southville RC
40	27.07	Lee Phibben	M40	Southville RC
41	27.13	Richard Gapper	SM	U/A
42	27.17	Pete Lloyd	SM	Westbury Harriers
43	27.20	Andrew Wright	SM	Bristol & West AC
44	27.34	Adrian Grimshaw	SM	Emersons Green
45	27.40	Colin Collis	M40	Southville RC
46	27.42	Wilf Burke	M60	Thornbury RC
47	27.45	Jane Colman	F40	Bristol & West AC
48	27.47	Nick Sneller	M40	Southville RC
49	27.49	David Engledew	M50	Bristol & West AC
50	27.51	Ellie Leather	SF	Westbury Harriers

Position	Time	Name	Category	Club
51	27.56	Robert Andrews	M50	Emersons Green
52	28.01	Katie Ball	SF	Southville RC
53	28.09	Chris Lewis	M40	Bristol & West AC
54	28.11	Julian Hall	M50	Westbury Harriers
55	28.16	Samuel Blanning	SM	Southville RC
56	28.18	Joe Scaife	M40	TACH
57	28.21	Liam Butterworth	SM	Up and Running
58	28.23	Peter Webb	SM	Southville RC
59	28.39	Peter Blacow	SM	Southville RC
60	28.41	Philip Sherborne	M40	Southville RC
61	28.42	Alan Wilcox	M40	Bristol & West AC
62	29.02	Mike Karthaus	SM	Southville RC
63	29.04	Garton	M40	Southville RC
64	29.12	Neil Newman	M40	Emersons Green
65	29.25	Kevin Grimley	M40	Southville RC
66	29.48	Joshua Smith	SM	Westbury Harriers
67	29.55	Pete Blawchard	M40	Emersons Green
68	29.57	Alfie Edwards	SM	TACH
69	30.01	Paul Dursley	M60	Lliswerry R.C
70	30.09	Nick Hounsfild	M40	Westbury Harriers
71	30.11	Jullian Bailey-Gard	M60	Westbury Harriers
72	30.14	Andrew Smith	M40	Southville RC
73	30.27	Russell Crawford	SM	U/A
74	30.28	Ella Brimble	SF	Westbury Harriers
75	30.31	Caroline White	SF	Emersons Green
76	30.34	Peter Norman	M40	Westbury Harriers
77	30.35	Matthew Skuse	SM	U/A
78	30.37	Gary Dickens	SM	Westbury Harriers
79	30.39	James Prestidge	SM	Southville RC
80	30.40	Ssteven Burge	SM	Emersons Green
81	30.48	Nancy Harding	F50	Thornbury RC
82	30.49	Sam Edwards	M50	TACH
83	30.51	Vicky Jones	SF	Westbury Harriers
84	30.53	Rob Dickson	M50	Southville RC
85	31.03	Mike Harris	M60	Westbury Harriers
86	31.18	Ian Smith	M50	Westbury Harriers
87	31.20	Richard Hughes	M50	Westbury Harriers
88	31.22	Fiona Moore	SF	Thornbury RC
89	31.26	Lucien Campbell-Kemp	M40	TACH
90	31.30	Emma Barnes	SF	Thornbury RC
91	31.32	Yann Saward	M40	Southville RC
92	31.36	Luke Bibbey	SM	Southville RC
93	31.42	Robert Hopkins	SM	Westbury Harriers
94	31.48	Anneke Bull	F50	Westbury Harriers
95	31.59	Jeremy Furrur	M40	Southville RC
96	32.01	Chris Ashwerth	M50	Dursley
97	32.12	Montserrat Onrubia	SF	Southville RC
98	32.13	Lewis Dickinson	SM	U/A
99	32.19	Hugh McPherson	M60	Thornbury RC
100	32.21	Alison Engledew	F50	Bristol & West AC
101	32.25	Jolene Bereza	SF	Emersons Green

Position	Time	Name	Category	Club
102	32.27	Mat Crook	M40	U/A
103	32.32	Sandra Sforza	F40	Westbury Harriers
104	32.49	Sandy King	F40	Southville RC
105	32.57	Colin Downey	M50	Stourbridge R.C
106	33.01	Katie Perkin	SF	Westbury Harriers
107	33.02	Fiona March	SF	Southville RC
108	33.07	Katie Wright	SF	Emersons Green
109	33.24	Jeremy Clothier	M60	Thornbury RC
110	33.31	Suneeta Sellers	F40	Westbury Harriers
111	33.32	Natalia Jozefowicz	SF	Southville RC
112	33.33	Rebecca Windemer	SF	Tavistock AC
113	0.00	Matthew Quick	SM	U/A
114	34.11	Jennifer Caselton	SF	U/A
115	34.20	Caroline Bull	SF	Westbury Harriers
116	34.24	David Baber	M50	Westbury Harriers
117	34.34	Peter Mainstone	M60	Thornbury RC
118	34.39	Hollie Thomas	SF	Emersons Green
119	34.53	Steve Davies	SM	U/A
120	34.54	Helen Goodchild	SF	Southville RC
121	35.19	Ruth Johnstone	SF	Emersons Green
122	36.01	Tessa Legg	SF	Westbury Harriers
123	36.01	Stephen Mullins	M50	Emersons Green
124	36.24	Heather Crane	SF	Southville RC
125	36.44	Paul Martin	SM	U/A
126	36.58	Sarah McNamara	F40	Emersons Green
127	37.15	Sarah Tucker	F40	Westbury Harriers
128	37.50	Michelle Edgell	F40	Bristol & West AC
129	37.55	Emma Brown	SF	Southville RC
130	38.08	Stewart Cundy	M40	Emersons Green
131	39.11	Mark Flemans	M40	Emersons Green
132	39.29	Mike King	M60	Nailsey Running Club
133	39.43	Kate Flemans	F40	Emersons Green
134	41.00	Maria Noble	F40	Westbury Harriers
135	43.51	Rich Kenington	M60	Bristol & West AC
136	44.20	Shelley Presland	F40	Westbury Harriers
137	44.22	Victoria Morrisroe	FF40	Westbury Harriers
138	45.36	Laura Cundy	F40	Emersons Green
139	45.37	Susan Mullins	F50	Emersons Green
140	45.56	Rosalind White	SF	Westbury Harriers

Team results – first 6 males and first 2 females from each team counts with the lowest total winning

Club	Male 1	Male 2	Male 3	Male 4	Male 5	Male 6	Female 1	Female 2	Total	Team Position
Westbury Harriers	2	6	13	14	19	21	37	50	162	1
Southville RC	4	5	7	8	10	15	97	52	198	2
Bristol & West AC	1	9	11	25	43	49	47	100	285	3
Emersons Green RC	16	22	36	44	51	64	75	101	409	4
Thornbury RC	12	26	28	30	46	99	81	88	410	5